

Curriculum Vitae

Name: Nicole Sanders

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Education/professional employment:

- 1989-1996 Atheneum, Hendrik Pierson College Zetten
- 1996-2002 Human Movemen Sciences, Vrije Universiteit Amsterdam
- 2002-2004 Medical Secretary, Radboud Medical Centre Nijmegen
- 2004-2008 School for Utrecht Medical Masters (SUMMA), University Medical Centre
Utrecht
- 2006 Masterthesis; Pilot: resistance training in the treatment of anorexia nervosa.
- 2008-2009 Clinical assistant psychiatry, Rintveld Centre Eating Disorders, Altrecht
Mental Health Institute Zeist
- 2008-... PhD student on psychoneuroendocrinology in Anorexia Nervosa; Rudolf
Magnus Institute, University Medical Centre Utrecht & Rintveld Center Eating
Disorders, Altrecht Mental Health Institute
- 2010-... Residency Child & Adolescent Psychiatry Utrecht, dr R. Kupka

PhD projects:

Functional MRI during cognitive processing of food stimuli in chronically ill and recovered women with anorexia nervosa:

A study that focuses on the biological and cognitive processes that influence the decision to eat. This study studies the differences in endocrinology, brain processing and decision making between women with chronic Anorexia Nervosa, recovered Anorexia Nervosa patients and healthy normal weight controls.

Ten year follow-up of Anorexia Nervosa patients: a course and outcome study.

A prospective cohort study aiming to find biological and psychological predictors of outcome as well as studying course and outcome 10 years after admission.

Hyperactivity in Anorexia Nervosa:

A study examining patterns in daily activity (mainly around meal times) and to study correlates between hyperactivity and psychological traits (e.g. anxiety and obsessions).

Memberships:

AED (Academy for Eating Disorders)/NAE (Nederlandse Academie voor eetstoornissen)

INTACT: European network on training and research in eating disorders

Articles:

Candidate genes in eating disorders: investigating previous findings and new leads. M.C.T. Slof- Op 't Landt, I. Meulembelt, M. Bartels, E. Suchiman, C. Middeldorp, et al. (in review)

Posters (international):

Hyperactivity in Anorexia Nervosa patients, normal controls and balletstudents. Nicole E.P. Sanders MD MSc, Annemarie A. van Elburg MD PhD, Jacquelin J. Hillebrand PhD, Martien J. Kas PhD, Unna Danner PhD, Renee Kuypers MA, Pam Kaspers MSc, Marleen Merks MA, Hans W. Hoek, MD PhD, Roger A. Adan PhD. INTACT Workshop, Budapest 2008.

Functional MRI during cognitive processing of food stimuli in chronically ill and recovered women with Anorexia Nervosa. Nicole Sanders, Paul Smeets, Annemarie van Elburg, Unna Danner, Hans Hoek, Roger Adan. Eating Disorder Research Society, 2009.

Functional MRI during cognitive processing of food stimuli in chronically ill and recovered women with Anorexia Nervosa. Nicole Sanders, Paul Smeets, Annemarie van Elburg, Unna Danner, Hans Hoek, Roger Adan. Intact Symposium Braga, 2009.